



February Pickleball News!



Shelly Cox

Thank you all so much for your patience! I meant to have this out to you all last week but it's been a busy January getting pickleball started at the Rogue Valley Country Club, preparing for upcoming tournaments, and adding many more students to my lessons and clinic schedule. All good things of course... but left little time for updating my website and writing up the first newsletter. But here we are, the first newsletter, yay! Welcome and thank you all for your love of Pickleball!

(PS If you don't want to continue to receive this monthly newsletter just shoot me an email at shellypickleball@gmail.com and I'll take you off the list right away!)

This Month:

- RVCC Clinic and Lesson Schedule
- Lithia Park Lesson Schedule
- Ball Machine Fun!
- Selkirk Gift Card Code
- Photos!
- Save the Date March 5th: UP/Down Event at RVCC

Rogue Valley Country Club:

In December I was officially hired as the pickleball pro at RVCC! I am very excited to begin the process of building a strong pickleball community there and had good attendance at my clinic and lessons in January. My February schedule and clinics can be found by clicking [this link](#). Right now sign ups are still directly with me through email or text but we hope to get a new system up and running soon! Watch for an announcement about the CourtReserve app!

Lithia Park Lessons:

I am giving lessons in Lithia Park on Tuesdays and Thursdays from 9-3pm. Right now I am usually fully booked but sometimes a spot does open up. Contact me directly if you'd like to schedule a lesson. View the Ashland schedule [here](#).

I bought a Spin Shot Ball Machine...

...and it is amazing!! Yes, I love to practice with it myself to work on specific shots but I now find it invaluable in lessons and clinics. It saves my arm from having to feed as many balls and it allows for students to practice and drill many different shots in sequence! So far it has met with rave reviews from all! www.spinshotsports.com



Selkirk Paddles are Awesome!

Plus they are a fantastic [family owned company based in Idaho](#) near the Selkirk mountain, thus the name. In December I applied to become a Selkirk Advocate and was accepted into the program! Very exciting because I love their paddles and play with them already. They sent me over \$1000 worth of demo paddles and an awesome bag to carry them in. If you are looking to upgrade your paddle ask me about borrowing a demo. If you decide to purchase one you can go to [Selkirk.com](#) and order it there. Use my code: ADV-SCOX and you will receive a gift card by email towards your next purchase (A \$100-\$200 purchase receives a \$20 gift card).

A few recent photos of our Pickleball Family...



1. Zuna, Nancy and Glenda on a cold but sunny day in January.
2. Adrienne and Kathy bundled up braving the weather!
3. Holly, Laurel, Dayton and I taking a break from battling it out on the court.
3. Shirley bundled up ready to play.
4. Keri, Anna, Sally and I after playing and getting creative with the photo.
5. I love this photo so much... Rosa Lee is telling me how much she loves pickleball!
6. My friend Heather and I getting coffee and trying to defrost after playing in the rain and hail.

Save the Date March 5th!

Up/Down Progressive Challenge Event at RVCC

The first big event at RVCC will be an UP/DOWN Progressive Challenge! These events are super fun and provide the opportunity to find new people to play with at your level. General flyer with info below and details can be found on my website

www.shellypickleball.com

Rogue Valley Country Club in Medford Oregon



PICKLEBALL

Up/Down Progressive Challenge

Sunday
MARCH
5TH

SESSION 1: (2.75-4.0) 12:30-3PM
SESSION 2: (4.25+) 3PM-6PM

**16 TEAMS PER
SESSION**

Sign up with a partner
Win you move up
Lose you move down

\$10/\$15
per person
member/non-member

**Sign up
by March
3rd**



**Half Hour
warm-up
Timed 12
min games**

**Great
Tournament
Practice!!**

Call RVCC to
sign up
541-773-4552

More details at:
www.shellypickleball.com
QR Code links to website

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